

# KYOGLE HIGH SCHOOL

### Newsletter

Friday 1st December 2023

Week B of cycle

Term 4 Vol 4

### **LEGO LEAGUE**

Last Saturday our robotics team The Masterbuilders competed at the National North Competition in Gladstone. The team had qualified for this event the previous weekend in Coomera at the Regional Competition. Five teams from the Regional Competition were selected to progress to the National Competition. The competition involves students designing and programming a robot to complete missions as well as completing a research project to develop ideas to solve a real-world problem. This year's problem involved sharing the things you love to do with more people through technology, in particular the technologies used in the arts. The KHS team developed a VR bike riding solution based on the technologies used in the film and music industries.

The team's robot 'Fred' was able to complete 10 missions and on the day scored a total of 240 points. The winning robot scored a whopping 395 points, however, the team was happy with Fred's performance on the day. Three teams from the National Competition were invited to go on to the International Competition in Sydney next year. The Masterbuilders were not successful in being selected as one of these three teams out of a field of 40 teams, but they did take home a trophy for being 'Rising All Stars'. This award is given to a team that the judges notice and expect great things from in the future.

Lucas, Xavier, Ewan and Michael all represented Kyogle High School to an exceptional level. As a team of four their school chant was the loudest. They worked hard to perfect their robot programming and project presentation, always exemplifying the Core Values of Lego League: Discovery, Innovation, Impact, Inclusion, Teamwork and Fun.

Lee Boyd



### **TERM 4 CALENDAR**

**Tuesday 5th December** Sports Award Assembly 12 noon

Wednesday 13th December Academic Awards Assembly 12 noon

Friday 15th December Last Day Term 4 2023

### **ASSEMBLIES**

Our 2023 **Sports assembly** will be held on **Tuesday 5th December at 12 noon**. Any student receiving an award, has been notified via a letter sent home.

Year 7-10 Academic Assembly is on Wednesday 13th Dec at 12noon. Letters will be sent out for those students receiving an award.



Here to Learn

Here to Lead

Principal Mrs G Masters PO Box 104 Kyogle NSW 2474 T: 02 6632 1300 F: 02 6632 2590 http://www.kyogle-h.school.nsw.edu.au/ kyogle-h.school@det.nsw.edu.au

### PRINCIPALS REPORT

### **Year 11 Induction and Awards**

It was my pleasure to be part of the Assembly held last week to formally induct the Captains and Vice Captains for 2024, as well as the entire cohort as 'seniors' of our school. The assembly also recognised all the year group for successfully completing their preliminary studies with special awards in each subject. Thank you to the families who were able to join us at the assembly

### **End of the School Year**

The last day for school for all students is Friday 15 December 2023. Year Advisers are currently organising activities for either Thursday 14 and Friday 15 December 2023. Students will receive permission notes that must be returned within the cut off periods to be able to participate in the Team Building Activities organised by the Year Advisers. Students are reminded that full school uniform must be worn to be able to participate in activities off site.

There will be no teachers available on the gazetted School Development Days Monday 18 and Tuesday 19 December 2023. Staff elected to complete 4 twilight sessions on 8 Ways of Learning throughout the year in lieu of these last two days.

### Office Hours 18 and 19 December 2023

The Front Office will be open between 9-3pm on Monday 18 December however the school will be closed on Tuesday 19 December 2023.

### School dates for start of 2024

The Front Office will be open on Tuesday 30 and Wednesday 31 January 2024. Students in Year 7,11,12 start back on Thursday 1 February with the whole school in attendance on Friday 2 February 2024.

### **Year 6 Orientation Program**

Huge thank you to Mr Chadderton, Ms Seysnser-Judd and all the wonderful staff who worked hard to offer positive and welcoming days for our 2024 Year 7 cohort. All the children were wonderful role models for their respective schools and are looking to be a wonderful addition to Kyogle High School next year.

### **Education Hardship Funds**

\*IMPORTANT NOTICE\* An important reminder to use all your Education Hardship Funds, (Flood Grant Money), before 15 December 2023, as any leftover monies will be returned after this date. Please contact the Front Office to find out your balance and for advice on the best way to use these funds.

Have a wonderful Christmas holiday break.

### FARM MAINTENANCE

Kyogle High School Farm Maintenance group is currently working on the refurbishment of a trailer for the Kyogle Mountain Bike Club. The purpose of the trailer is to help shuttle bikes to the head of the trails during club events. It will also be used for when the club rides at different locations. Students so far have been repairing rusted sections of the trailer, painting it to prevent further rust and are now fabricating spare wheel holders, greasing wheel hubs and fitting supports in order to lay the timber decking.

Decking has been donated to the project by the Pentarch Group Forestry Division. Their donation of decking board will provide an excellent surface for the trailer deck.

Wheels have been donated and fitted thanks to Tyrepower Kyogle.

Wheel guards are being fabricated by Soward's Aluminium and Steel Fabrication.

#### Mr O'Meara



### **CONGRATULATIONS!!**

Janelle Harris received a *Hero Award* this week for her exceptional service to our school community.

Congratulations Janelle and thank you from everyone at Kyogle High School for everything you do!!



### **MEET OUR CAPTAINS**



Our 2024 Captains were officially inducted this week. We are pleased to announce the following students have been appointed as to leadership positions for 2024.

**Captains**Kaelan Harley and Felicity Duley











### **CANTEEN**

# Canteen is OPEN 8:30am - 9am every morning! Ordering at the Canteen

Recess and lunch orders are available every day.

Please make sure your orders are in by the following times:

**Lunch 1:** Orders in by 10am **Lunch 2:** Orders in by 11:30am

## Orders can be given directly to the Canteen from 8:30am every day!

### **SUMMER MENU**

### Sushi:

| Sustii.              |        |
|----------------------|--------|
| - 6 pack             | \$6.50 |
| - 4 pack             | \$4.50 |
| Chicken Caesar Wrap  | \$4.80 |
| Falafel Wrap         | \$5.00 |
| Chicken Chilli Wrap  | \$5.00 |
| Chicken Salad Sub    | \$5.00 |
| Salad Containers     |        |
| Caesar Salad/Chicken | \$6.00 |

Pumpkin, Beetroot, Feta and Chicken

### **P&C UNIFORM SHOP**

Opening Hours - Term 4, 2023

Every second Wednesday 8:30 - 9:30am 13 Dec

The Uniform Shop will be open Wed 31st Jan, and Thurs 1st Feb—8.30am to 1.30pm.

### \*\*\* PRICELIST \*\*\*

| Everyday polos    | \$30 |
|-------------------|------|
| Sports polos      | \$30 |
| Senior white polo | \$30 |
| Everyday shorts   | \$25 |
| Sports shorts     | \$25 |
| Jacket            | \$45 |
| Jumper            | \$30 |
| Tartan skirts     | \$25 |
| White blouse      | \$35 |
| *** PAYMENTS **   | **   |
|                   |      |

Cash or direct deposit

Questions? Contact: Tamara

0487 331 588

\$6.00



Kyogle High School P & C BSB: 728 728 Acc: 2233 4242 Ref: (Surname) uniforms

### **SPORT REPORT**

### **U14s Girls Cricket**

On Monday, November 27th, the Under-14 girls from Kyogle High School embarked on a memorable cricket trip to face Kingscliff High School at Walter Peate Oval in Kingscliff. Packed with excitement and team spirit, the girls showcased their skills and camaraderie on unfamiliar grounds. This journey wasn't just about cricket; it was a test of resilience, teamwork, and personal growth. As victories were celebrated with cheers and defeats met with unwavering spirit, the girls fell short to the Kingscliff side who were 3/118 at the end of their innings. A hard-fought and determined knock by Ellie (34no) saw us finish on 4/87 at the end of the 20 overs. The girls showcased their excellent sportsmanship and held their heads high regardless of the outcome. Well done, Girls!



### **Open Boys Cricket**

On Monday 27th November, the Open Boys cricket team travelled to Kingscliff to play in the CHS Alan Davidson Shield North Coast Semi Finals. Captain, Jed Mulcahy, won the toss and after an inspection of the pitch, chose to bat. Jed steered the ship, making a very nice 82 runs with Malachy and Jett supporting him on 13 runs each.

Kyogle made a total of 156 in 38 overs. Kingscliff were very strong in the batting and some catching chances were put down in the field. The best of the bowling figures were Josh 1/25 and Jett 1/19 with Jett and Tom both taking catches. Kingscliff passed our total with some superb batting in the 20th over. Well done to the boys on a great performance by a young open boys team you all really stood

Mr Ludwig and Ms Radley





### **COMMUNITY NOTICES**







#### KYOGLE FAMILY SUPPORT SERVICES and KYOGLE YOUTH ACTION PRESENT

### THE NURTURED HEART APPROACH



FREE 1 hour introduction

FOR PARENTS, EDUCATORS, THERAPISTS, CARERS, TEACHERS

The Nurtured Heart Approach® (NHA) is a set of relationship focused methodologies founded strategically in "The 3 Stands". It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. Originally developed for working with the most intense children, NHA has a proven impact on every child, including those who are challenged on many levels with diagnosis of ADHD, ODD, RAD, Autism and Aspergers. NHA builds Inner Wealth®, the inner strength to confidently meet the challenges of the modern world. Inner wealth helps your child take control of their intensity and their life through considered choices and responses rather than simply reacting to those challenges.

TOPICS COVERED: The 3 Stands

- Stand 1. ABSOLUTELY NO! I refuse to reward negativity with my energy, connection or relationship. Upside down energy and Taking a new perspective
- Stand 2. ABSOLUTELY YES! I relentlessly create and energise positivity and success.
   New ways of being positive
- Stand 3. ABSOLUTELY CLEAR! I set and enforce clear limits and consequences in an uneneraised way. I will always provide a true consequence

Registration is suggested as spaces are limited.

To register phone KYOGLE FAMILY SUPPORT ON 66321044.

Date: NOVEMBER 22 Time: 10am to 11am



**Presenter:** Gordon King, Advanced Trainer in the Nurtured Heart Approach, Far North Coast resident for 36 years. He has 5 children and 8 grandchildren. Gordon worked as a Family Support Worker for  $5^{1/2}$  years, his work is informed by a social conscience, lived experience and backed by a Social Science degree.



### **COMMUNITY NOTICES**



FEMALE EMPOWERMENT & MENTORING PROJECT

### FREE 5 Week Group Ages 12-17yrs

3.45pm-5pm Wednesdays
15th November - 13th December
@ the Laneway Community Space Kyogle/ Youthie

The FEMS program offers a safe space for young women to explore sensitive topics through respectful and open conversation, art, craft, games and activities. With the aim of providing support for young women living in Kyogle and surrounding areas as there is reduced access to services, supports and information.

This program is facilitated by trained Youth Workers and specialist guest facilitators from services such as headspace, Lismore Womens Health and Community Legal Centre.

Topics covered can include; mental health, bullying, sexual health, contraception, consent, menstruation, healthy relationships and more depending on group needs.

For more information contact Youth Worker Mikala on 0406 725 166 or register through the KYA APP Calendar. Follow the OR code below:











strong. healthy. active PRIVATE GYM

NO MEMBERSHIP FEES!

FIRST WORKOUT FREE

PT. Small Group. Strength.
Functional Training. Circuit.
Ndis.

Sharron 0432 412 058

### **GROWING KYOGLE**

Growing Kyogle would like some volunteers for preparation and delivery of Christmas Day Luncheon. They need 6 people willing to give up their time on either Christmas Eve or Christmas Day or both to help with providing lunch to those in the community who do not have anyone. The contact is Joan Hayman 66339143.



ANIMALS MINDFULNESS EXPRESSIVE CRAFTS NATURE

#### 8 week Group Program

Supporting adults with a psychosocial disability to increase independence and promote social participation.

A different theme each week exploring emotions, relationships, boundaries, communication and more.

THURSDAYS 9:00 TO 12:00 COMMENCING 8TH FEB 2024 140 MONGOGARIE ROAD, MONGOGARIE NSW 2470

Facilitated by Donna Flynn (EAL Practitioner) & Rachel Mclennan (Mental Health Support Worker)





### REGISTER NOW!

For more information
P: 0427 282 303 | casino.ealegmail.com



https://www.facebook.com/casinoequineassistedconfidencecoaching

