

website: <http://www.kyogle-h.school.nsw.edu.au/>

Tuesday 29 March 2011 Week 2 of Cycle Term 1 Vol 9

Next P&C Meeting - Thursday 19 May 2011 starting at 5:30pm



FROM THE PRINCIPAL

We are now in Week 10, Term 1, 2011. I have had a number of students ask about how they can study and parents ask what to do if their child does not have homework. We know parents and carers want the best for their children. In order to have extended choices, education is a great pathway to success.

Hints from experience as a mum and a teacher;

- Encourage students to keep their brain working well. Drink lots of water, eat breakfast and get a minimum of nine hours sleep. Sleep allows the brain a chance to relearn what it has learnt during the day.
- Review...good reviewing leads to learning. Reviewing should be done every 10 minutes, every 24 hours, after a week, after a month and then after six months if you want to lock in some great learning.
- Every afternoon ask your child; "What good questions did you ask today?" Encourage reflection and memory. If you ask them how their day was, often we get a monosyllabic response..."Good" "Bad" "Okay"
- Ask them to create a mind map of their lessons or topics.
- Success often is aligned with reading...read every day. It doesn't matter if it is a magazine, novel or a newspaper as long as they are engaged and reading.
- There is some suggestion that revising work on pale lime and lemon paper helps memory.
- There is a saying ..."Those who teach learn". Get students to teach each other or parents can get their child to explain something they are learning in class.
- Keep active...play a sport at least twice a week. Activity releases endorphins and endorphins make people happy.

A big thank you to Keleisha Ferguson and Dylan Carbery for their help at the P&C Bunnings Barbie.

This Friday Mr Judd and four students from the Youth Environment Club are travelling to Grafton. We have been nominated for a Landcare Award. We wish them all the best.

The majority of Year 10 are out on Work Experience this week. A huge thanks to Steve Ormond in the organisation. I signed Certificates of Appreciation for businesses involved in supporting our students. I signed 45 certificates for the Kyogle Community...45 businesses are supporting 45 Kyogle High School students on making career choices. We also have students going to Lismore, Casino, Nimbin, Ballina, Lennox Head and indeed, the Porpoise Pool at Coffs Harbour. Congratulations to all.

Term 1 finishes on Friday 8 April. Students return for Term 2 on Thursday 28 April.

On Saturday April 30, staff from a number of local schools are attending a Bill Rogers Workshop. Bill Rogers is an expert in managing behaviours in schools. We will also have Christine Richmond conducting a day long workshop on a School Development day at the beginning of Term 3, 2011. Through funding from National Partnerships we are accessing a high calibre of professional development to support students learning outcomes at school. Inviting presenters to us allows the opportunity to have more staff involved.

Year 12 Half-Yearly Exams are underway and Year 11 exams are being typed. It really is a heads-down time for our senior students.

On Thursday Thomas George is visiting to have a chat about how he can support our local high school. On Thursday morning, students who have gained the Gold certificate will have a morning tea to celebrate their achievements.

Babies all around; congratulations to Jim Selwood (HT HSIE) and his wife Kate on the birth of their first child; Zoe Francis. Congratulations to Laura Green and her husband Brad on the birth of twin girls; Matilda and Luka...little sisters for Sophie.

Have a great week.

Janeen Silcock

COMING EVENTS

- These dates are accurate at this time, any changes will be published in the newsletter

28 March- 5 April - Year 12 Half-Yearly Exams

28 March- Year 10 Work Experience all week

5 April - Year 7-10 Parent / Teacher Evening

8 April - End of Term One

COMMUNITY LIAISING

These last weeks of term have been very busy with many activities happening at present.



- Year 12 have their half yearly exams at present. These continue until next Wednesday. If students do not have an exam scheduled they do not need to come to school however when they come for exams, including the actual HSC they need to wear school uniform.
- Coming up on **Tuesday 5 April is the Parent Teacher Afternoon for Years 7, 8, 9, and 10, from 4-6pm.** Parents and carers are encouraged to come to these afternoons if possible, as it sends a message to your child that you think their learning is important. You don't need to make appointments and a bell will ring after 5-6 minute time slots. However we do **ask if you would like to see a particular teacher after 5 pm please make an appointment through the front office.**
- At the Parent Teacher afternoon Ms Soulsby will also be there representing the **Learning Support Team.** If you have any concerns about your child needing help with assessments or other specialist learning needs please see her that afternoon.
- Year 7 had a wonderful time at camp last week. I think some of them were still tired on Thursday but everything went very well at the camp including ice skating, swimming, early exercise and much more.
- Most of Year 10 is doing Work experience this week, though some will be doing theirs next week as well. Thank you to all the Kyogle businesses and services who host our Year 10 for this week, it really helps with their motivation. Thank you also to Mr Ormond who puts in so much work organising this. Not all schools run this program any more so we are certainly very lucky to do this.
- Last week Year 10 did a one-day personal development course called 'Love Bites' which is about keeping relationships positive and not abusive. Thank you to all the presenters and the groups who were very enthusiastic and took part.
- Last Wednesday we had a group of Rugby League players who travelled to Grafton for selection games for the wider North coast team. Quentin Olive, Jeremy Parker and Aaron Davies were successful in getting through and they join a team with members coming from Taree in the South to Tweed in the North. Well done to these students.
- Sometimes a parent needs to contact their child at school. It would be appreciated if parents and carers could do this through the office as it is very distracting if a student is trying to use or access their phone during class time. It is also distracting for the rest of the class. Messages can be left at the office for your student.
- The school holidays start on Friday 8 April, with Term 2 starting for students on Thursday 28 April. Monday 25 April is the Anzac Day March and Wednesday 27 April is a Staff Development Day.

If you have any questions about school you are welcome to contact me at school or on 66339132 ah.

Jan Langfield

Community Liaison Officer

From the Deputy's Office

Year 12 Exams

Year 12 students started their exams on Monday and they will run through until next Tuesday. Students are not required to be at school when they do not have a scheduled exam. These exams run under HSC guidelines to give the students the opportunity to experience the conditions under which the real HSC will run. As such students are not allowed to have pencil cases, mobile phones, books, hats or coloured drink bottles on their desks. If any Year 12 student is unable to sit an exam due to being sick, they must see a doctor to obtain a medical certificate and complete a misadventure/illness form available from Ms Woollorton when they return to school. I thank Year 12 for the positive start they have made to the start of their exams.

Why is arriving at school on time important?

Arriving at school and class on time:

- Ensures that your child doesn't miss out on the vital learning activities scheduled early in the day when they are most alert.
 - Helps your child to learn the importance of punctuality and routine.
 - Gives your child time to greet their friends before class and therefore reduces the opportunity for classroom disruption.
- Lateness is recorded as a partial absence and must be explained to the school the same way as other forms of absence.

Appointments with Staff

Parents and carers are reminded that appointments need to be made with the Front Office if you wish to see any staff at Kyogle HS including the Principal and the Deputy.

Gae Masters

Deputy Principal

Term 2 Lunchtime Sport Sign Up now!!!

TERM 2	Monday	Wednesday	Friday
Lunch Time Round Robin	Soccer Year 7-8	Touch Year 9-10	Basketball Year 11-12
Term 3	Basketball	Soccer	Touch
Term 4	Touch	Basketball	Soccer

Term 2 will see the beginning of lunch time inter house competitions. Throughout the school year teams from Larkin, Fegan, Richmond and Lindsay will battle it out to win points for their respective houses. Each house colour will need three teams (Junior (7/8), Middle (9/10), and Seniors(11/12).

Year 7-8 - sign up for your house colour before the end of term to compete in a soccer tournament. Year 9-10 sign up for the Touch competition. Year 11-12 for Basketball.

Seniors participating in the organisation and running of the events will receive a certificate of appreciation from Kyogle High School (great for your CV).

Register your interest in the P.E. Staff Room by the end of term.

Come along, be proud and make things happen.

CANTEEN ROSTER

Wed 30/3: W Ferguson
 Thurs 31/3: P Haydock
 Fri 01/4: S Harrison, V Davis, A O'Neile
 Mon 4/4: S Harrison, A Syre
 Tues 5/4: K Carter
 Wed 6/4: R Langley
 Thurs 7/4: S Harrison, V Ferris
 Fri 8/4: Holidays



The Canteen is always looking for more volunteers. If you can help out please phone Faye Rose (Canteen Supervisor) on 6632 1300.

LEUKAEMIA FOUNDATION FUNDRAISER

TOTAL AMOUNT RAISED TO DATE

\$3173.70

Fantastic Effort!!!!

YEAR 7 CAMP

The Year 7 Camp to Coffs Coast Beach School last week was one I believe they will never forget. I am proud to say almost every student attended this camp with everyone coming back saying it was the best camp they've ever been on! The students participated in jumping from the top of a 14 metre 'fan drop', a 'Giant Swing', tight rope walking 12 metres up with NO net, and to cool off, canoeing in a shark infested creek (apparently!!). The students were very excited on the first night and 'partied' well into the wee hours; only to be rudely awoken at 5.30am for 'Boot Camp' (or what the teachers call REVENGE!!). We had them on the go all day and by 8pm they were begging us to let them go to bed!! On the way home we called into the Big Banana where we got to do some ice-skating. The highlight of my trip was here—Nik Mills got to take his wheelchair out onto the ice and get pushed around by both teachers and students, it was just wonderful watching his face break into the biggest smile I have ever seen.

A big thank you must go out to Amy Brown, Nikki Kenman and Hannah Judd (Year 11) who kindly came on this camp at their own cost to help with the supervision. Their leadership, guidance and support shown to all on the camp made me very proud of these students.

To the teachers Rachel Rasborsek, Tony Page, Blair O'Meara, Teachers Aid Peter Engle, and Brian Mills a HUGE thank you for your support while on this camp—we could not have done it without you.

I am very proud of all the students and their behaviour while on the camp and yes—I am already thinking about next year. Thank you.

Bobbie Sharpe—Year 7 Advisor

Social Touch Football

Come and play a game of casual mixed touch football for fun and fitness.

No need to have your own team, we will randomly place you into a team each week.

Men and Ladies, high school age and above are all welcome.

Wednesday Nights at 6:30pm, \$3 per player.

For more info, phone Kim on 6632 1544 or Tony on 0427 110 306.

WELL DONE !!

Congratulations to our Bronze, Silver and Gold Award winners for March.

Year 7 - Bronze Awards

Claudia	Barnard
Lucy	Cormack
Kayla	Cox
Blake	Davies
Tegan	Graham
Kirra	Harrison
Shannon	Harrison
Veronica	Kosmider
Billy	Martin
Rosemary	Ochtman
Liesl	Pederson
Ethan	Shrubb
Jai	Slater
Jakob	Smith
Kleon	Toffeti
Madison	Walters
Talara	Welling
Daniel	Williams

Year 9 - Bronze Awards

Jared	Flower
Brandon	Graham x 2
Jay	Kapodistrias
Clancy	O'Shannessy
Busta	Prideaux x 2
Ben	Simpson
Rochelle	Wasson x 2
Jenna	Watts

Year 9 - Silver Awards

Kristie	Bambach
Leisa	Barlow
Brad	Davis
Rochelle	Wasson
Jenna	Watts

Year 10 - Bronze Awards

Codie	Anderson
Jamie	Anderson
Jake	Barlow
Grace	Battese
Lillian	Bowen x 2
Robert	Brewer
Jasmyne	Carr
Diana	Core
Kyle	Dunn
Rose	Job
Eloise	Kelly
Blake	Lamond
Kimberley	Lehmann
Ashleigh	Little
Marcus	McKee x 2

Year 8 - Silver Awards

Jade	Cole
Karl	Harris
April	Marchant
Holly	Mitchell

Chelsea	Mills
Ricky	Newman
Shade	Price x 2
Damien	Ryan x 2
Codie	Steller
Peppa	Vine

Year 8 - Gold Awards

Karl	Harris
Holly	Mitchell

Ellen	Wallbank
James	Wilson

Year 10 - Silver Awards

Year 9 - Bronze Awards

Tayla	Adams
Kristie	Bambach
Leisa	Barlow
Brad	Davis
Nick	Fish

Lillian	Bowen
Robert	Brewer
Blake	Lamond
Ricky	Newman
Codie	Steller
Ellen	Wallbank